

Massage/Manual Therapy Scheduling Policy

Effective February 1, 2018:

To ensure that our patients receive the best possible treatment results, the clinic will only book **massage** or **manual therapy** appointments that are outlined in their prescribed treatment plan. All others will be considered **non-medical massages**. Treatment plans are derived from examinations taken every 30-45 days, either with one of our clinic doctors, or a doctor off the premises.

If you choose to book a massage or manual therapy appointment that is not recommended in your treatment plan, you will be expected to pay our **out-of-pocket rate of \$90 for our non-medical massage**.

Question: Why is this required when my insurance includes 45 outpatient therapy visits a year?

"We" do not require this, your insurance carrier does. To reduce benefit payments, many insurance plans require that your therapy visits be authorized by a doctor. Typically, without a doctor's examination and treatment plan, the insurance carriers end up denying massage therapy by the 6th to 8th visit. However, if our providers evaluate your condition every 30-45 days, and find that massage should be included in your treatment plan, this will help ensure that your treatment is medically necessary and will less likely be denied by your insurance carrier.

Our goal is to help YOU feel better!

